

**People Leading Accessible Networks of Support (PLANS)**

**Family Support 360  
Statewide Workgroup  
Sioux Vocational Services  
Sioux Falls, SD  
October 13-14, 2004**

**CALL TO ORDER**

Clint Waara called the meeting to order at 11:00 a.m., October 13, Wednesday.



**Members Present were:**

Travis Arneson  
Ronda Williams  
Ted Williams  
Beth Hosek  
Dawn Kellogg  
Kristi Heumiller  
Sharon Sonnenschein

Clint Waara  
Kristen Blaschke  
Linda Daughters  
Cindy Taber  
Mary Funge  
Vikki Day

Julie Carpenter  
Brenda Smith  
Ann Rieck McFarland  
Dan Spotted Eagle  
Shirley Stirling  
Kirby Mellegard

**Others Present were:**

Brooke Lusk  
Donna Olivier

Lisa Lunstra  
Tarra Stoesser

Wanda Seiler  
Arlene Poncelet

**Implementation Grant - Brooke Lusk**

- ADD Decision - Received Family Support grant for five year period. \$250,000 federal funds each year in addition to state funds of \$33,333.33 per year.
- Abstract for grant – the family support coordinator will have a central location, but will be able to travel to the families.
- May be adding services sooner than specified in the abstract.
- Looking to make the services eligible for waiver support.
- Hope to submit an amendment to the waiver in next few years.
- Housing is one point that we need to continually look at.
- Accessible transportation.
- Continuing education.
- Year 4 – looking at family needs and making sure they get services.



## Family Support Document – Lisa Lunstra



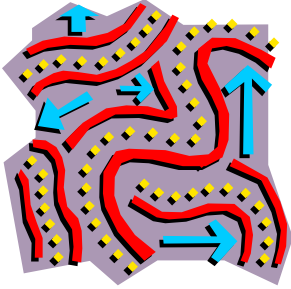
- Do we want to adapt this document or not? Uses the 9 guiding principles currently used for Family Support Services.

### Group Input:

- Travis would like to specify family, because we don't want to limit the individual. Looks like it is focused around multiple family members. And I don't know if I am married, if you would want to assist my wife or not. It might be a different range and people might take advantage of that
- Brenda – it is about the person, as well as the family. Our language needs to focus on person-centered.
- Dawn – good document. Very adaptable
- Wanda- what should we call our program?
- Vicky- the name should include family and community support.
- Kirby – the word adult should be made clear. Could it be lifetime support? Doesn't matter how old they are, it is what their needs are.
- Brooke – person who receives services as child should be able to receive services as adult – seamless?
- Pilot project serving 75 members right now.
- Travis made a motion to call it PLANS and Danny seconded the idea.
- Vicky would like to make an opposition to the name PLANS. Family and Community Support.
- Vote – name is PLANS.
- Brooke and Lisa will make adaptations to the document and will get out to the workgroup members.



### LUNCH- review of quality document (brochure)



## PLANS Path Workplan – Brooke Lusk

- The Workplan will be discussed with ATC directors and distributed to certain people.
- Objective 1 – Detailed implementation plan to meet grant requirements.
- Objective 2 – System facilitators available for targeted families.
- Objective 3 – Flexible funding sources are available to achieve person outcomes.
- Objective 4 – Effective partnerships with stakeholders.
- Objective 5 – People choose their network of services and supports.
- Objective 6 – The entire system will be person-centered with people receiving services maximizing their independence.

## Group Comments on the Path Workplan:

- Anne – should we have core indicators project done again? What more do we need to do? Something that will show whether or not we are getting to the root of the problems.
- Kirby – 1) 4b – common vision – Seems pretty aggressive, what does that mean to my budget? Where is the goal? In a rural state like this, travel expenses are going to get high very quickly. 2) Barriers will be removed. Is this laws, etc?
- Anne/Linda – Objective 6 – person centered. They need more information. Being a facilitator of services, instead of providers.
- We can facilitate in a group home or in an apartment. Community resources are needed.
- Providers are looking to our group for direction. They are the facilitator of services. It is hard to move from being a facilitator to a provider.
- At the time of change, people are scared and upset. After the evolution, people become more positive.
- One person at a time.
- How are provider's going to react to this? This system isn't what all people want. There are more choices than what people know about. We need to provide greater options.
- The provider should say one thing first, "What do you want?" What does ---  
-----want?



- Suggestion: An Intra-agency program. Need to focus on individuals.
- Need to think about the very small communities that don't have these opportunities and choices. Is there truly choices being offered to everybody?
- Focus on a broader area, you can serve your base better. (being a rental connection, or being a true job service).
- Find innovative ways to help people achieve their dreams.
- Workplan - should it be shared with the director's? Are they going to walk away still confused?

### **Presentation for Service Providers: (Subcommittee) (see Draft Agenda)**



- Meeting will be held in Pierre on October 20<sup>th</sup> in Pierre.
- Brenda – the meeting will be an update on where the group is at. This is what the group has done, and this is where our group wants to be.
- Brooke - Want to talk to them about the public forums held across the state. Want to discuss the path plan and their role in the process.
- Ted – What is the hook?
- We want them to know these options as the PLANS project evolves.
- The meeting will be three hours on October 20 to meet with the director's. Hopefully it is the first of many conversations. Their needs will become more apparent over time.
- Travis – what would motivate me to change? One possible answer: if you don't provide the service, someone else will.
- How will the director's respond? They are non-profit entities. Hopefully they will do it because it is the right thing to do.
- The question is going to boil down to "where is the money coming from"
- We have the PLANS grant for the short-term. The rest has to come from the community support.

### **Public Forums Summary - Brooke Lusk & Lisa Lunstra**

- Went over the statewide interview summaries results with workgroup.



## **Independent Living Centers – Matt Cain**

- Office in Sioux Falls (main), Madison, Mitchell, and Yankton. They do 24 counties. They serve counties around their satellite offices.
- Assisted Daily Living Services Program – 63 people statewide on this program. Very challenging as it is statewide. 6 month and 1 year assessments. The consumer needs to manage their own personal care. The center hires the person and does the background check, but the consumer is responsible for their schedule, and direct that care. The ILC trains the attendants, and does the hiring and firing of the attendants. The consumer does have the choice to choose to have an attendant replaced.
- Provide independent living skills for people with new injuries or those who are just moving into a home or moving back in.
- Advocacy coordinator on staff helps individuals with housing discrimination, employment discrimination.
- Fully funded grants – Federal Home grants, \$10,000 worth of home modifications.
- Supporters of Americans with Disabilities Act, works with PDA alot
- Tried to pass a bill where the contractors sign off that it meets with ADA standards (doorways 36 inches wide) the bill did not pass
- Provide Telecommunication Adaptive Device System
- Summer Transition Program – for /Sioux Falls and surrounding communities.
- Located in Sioux Falls at 301 South Garfield
- No age restrictions
- Independent Living Skills are free of charge.
- Get monies through Personal Attendants Services and independent living assessments (\$29/hour, and usually 10-15 times a year)

## **Benefits and Employment Training – Mike Walling**

- A presentation was given by Mike Walling on Benefits and Employment for Social Security, Supplemental Security Income, Medicare and Medicaid.
- Contact information for Mike Walling:
  - Michael Walling and Associates, Inc.
  - PO Box 7330
  - Wilmington, DE 19803-0330
  - Telephone – (610) 696-1551
  - Fax – (610) 932-0428
  - Office Email – [SEAWalling@aol.com](mailto:SEAWalling@aol.com)
  - Internet – [www.wallinginc.com](http://www.wallinginc.com)
  - Personal Email – [WALLINGINC@aol.com](mailto:WALLINGINC@aol.com)

## **SD Advocacy Project (Housing) – Tim Neyhart**

- Presented training in April on this information.
- Wanted to keep the momentum rolling.
- Developed a housing brochure.
- Invites anyone who expresses an interest in the meeting.
- October 25, 11 a.m. conference call. - Follow up meeting
- The Hud office in Sioux Falls will be connected to the conference call. The address is 2400 W 49<sup>th</sup> St Ste (?) 1-001? Contact Roger 605-330-4223 if interested in participating at the Sioux Falls location.
- Hiring a home ownership coordinator.

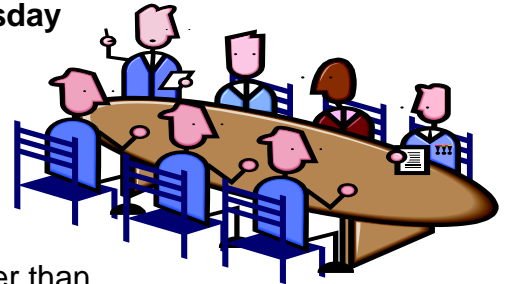


## **Quality Initiatives – Wanda Seiler**

- Would like to share Path Plan.
- We need to have mental health represented in our workgroup.
- Wanda put the motion on the table and the motion passes unanimously.
- Motion was put on the table to have it be someone from the Division of Mental Health and motion passes unanimously.
- Wanda put the motion to use PLANS speaker money to buy plane ticket for Bob Gettings to come and speak to the workgroup and the motion passes unanimously.
- Summit is in Washington D.C. September 21-24, 2005.

## **Subcommittee Discussion continued from Wednesday**

- Travis – In order for an agency to survive in the future, they will have to become a facilitator according to yesterday's discussion. Right now, they believe they are, according to a more narrow definition.
- Brooke – We need to look at other models (other than Family Support model).
- One of the goals is to become a system facilitator and not simply a provider.
- System facilitator was a coordinator according to the path.
- Travis – Maybe when we wrote that we thought PLANS would have facilitator's be the go between.
- This isn't about the agencies. It is about something different. It will affect the agencies, but not directly.
- Who is the boss? The consumer is the boss. We are bringing the group the information that the "bosses" gave us.
- List we need providers to do more of: person centered, think outside the box, be creative, need them to be willing to consider the possibility to



- change and willing to risk more, “how could I do it”, better problem solving when the answer is no, include ‘me’, listen to ‘me’, do what ‘I’ want, believe more in and act more on your mission statement, follow the IEP (individual plan) of each consumer, empower your staff, listen and respond, more housing options, more employment opportunities, community education, more collaboration, more support of self-advocacy, focus on building relationships, evaluate your mission statement,
- Give them a voice and ask them what their ideas are. Have them break down into small groups and put their pencils to the paper.

### **Tour of Sioux Vocational Services – Sioux Vocational Staff**

- optional tour of Sioux Vocational Services

### **Next Meeting Date (tentative)**

January 25 & 26

